

JAN. 24, 2018

FAMILY FIT

NIGHT

It's Time to REGISTER for our annual Family FIT Night

This event will be hosted at Northfield Elementary School. A parent or guardian must accompany children to the event. Parents and students come dressed to exercise together!!

Highlighted Stations are:

- **Martial Arts/Karate**
- **Zumba**
- **Yoga**
- **Kid Friendly Exercise Class**
- **Dance Party Finale**
- **Wellness Tables**

Please complete the registration form (on the back) and return to Jessica Yingling at NES by Friday, January 18th.

**You can also register online at:
<https://tinyurl.com/yb8e5gnk>**

Family Fit Night

When:

Jan 24, 2019

Time:

6 – 8 pm

Where:

**Northfield
Elementary School**

Contact

**Jessica Yingling
with any questions**

[jessica_yingling@](mailto:jessica_yingling@hcpss.org)

hcpss.org

**NORTHFIELD
ELEMENTARY SCHOOL**

9125 Northfield Rd.
Ellicott City, MD

(410) 313 - 2806

Family FIT Night Registration Form

Please complete the registration form and return to Mrs. Yingling by
Friday, January 18th.

Parent's Name(s): _____

Student Name: _____ **Grade:** _____ **Teacher:** _____

Student Name: _____ **Grade:** _____ **Teacher:** _____

Student Name: _____ **Grade:** _____ **Teacher:** _____

Other Attendee Name(s): _____ **Relationship:** _____

Emergency Contact

Name: _____ **Phone:** _____

Please Note: This event will be cancelled if we do not have enough participants. Please stay tuned to the Northfield News for updates.